



Community Connections

COMMUNITY HOSPITAL OF BREMEN — INDEPENDENT, NONPROFIT



www.bremenhospital.com • Summer 2014

What's
INSIDE

2
Hugs® Infant
Protection
System

3
CHB to form
Patient
and Family
Advisory
Council

4
Autumn Outing
is coming soon

DOC HOLLYWOOD

Tricia Walters, MD

Practicing medicine is hard work these days. Practicing rural medicine is even harder. Practicing rural medicine in Indiana where resources for “excellent” care are often limited is almost impossible. Dr. Walters has set those hurdles aside in her pursuit of always providing excellent care for her patients in the small rural community of Wyatt, Indiana.

Dr. Walters could have had her pick of jobs, given her education and training, but commitment to community and a strong desire to find work that would allow her to balance family and medicine, led her to consider a rural practice. She had already seen in medical school how even one more family doc can revitalize a community and open the doors of access to health care for its citizens. Spending time in Paoli, Indiana, as a student opened her eyes to how family physicians can be fully integrated into a community.

As the only female family physician in the broader Wyatt community, her presence created not just simple office visit supply, but patient access to a sometimes different philosophy of care and a different type of “listening” than male physicians sometimes can do. By providing obstetrics care, the Community Hospital of Bremen was able to work



Tricia Walters, Doc Hollywood 2014
The Doc Hollywood award is given annually in recognition of the many individuals who care professionally for folks in rural and other underserved communities across the nation. Access to quality health care is a key component in terms of individuals' physical and mental health; it is also a key component in communities' economic vitality. Raising visibility and awareness about rural health physicians, and celebrating their contributions, enhances our ability to recruit people into these professions to ensure access to quality health care and viable, thriving communities.

on its obstetrical out-migration problem. By also adding a family physician that provided surgical obstetrics care, Dr. Walters' presence rounded out a team that was suddenly able to provide premier childbirth services where several years earlier there were no services at all.

Dr. Walters' patients are able to observe how a young mother balances her professional and personal responsibilities while leveraging technology and the rest of her team to still take great care of them. As a role model of “professional maternity” she brings a new level of mentoring to the mothers whose babies she has recently delivered.

A generation ago, a true country doc was a white-haired, male physician, trained by the medical establishment to place his commitment to medicine and community above all

else in the pursuit of success. Dr. Walters is the epitome of the new country physician—thorough, compassionate, and committed as ever, but now able to see that the road to true success in rural medicine must also include teamwork, technology, collaboration with non-physician providers, and a commitment to family that rivals one's commitment to the practice. Patients see and appreciate that—a physician who is “one of us.”

CHB Foundation Receives Donation



Dick Reidenbach, son of Glennis and Phyllis Reidenbach, presented a donation from his parents' estate to CHB Foundation officers; Patty Board, secretary; and Deb Kipfer, treasurer. Phyllis and Glennis Reidenbach were intimately involved in the hospital and served in a number of different capacities. Initially Phyllis was president of the hospital Board of Directors. In 1991, he became the first chairman of the CHB Foundation. He was an integral part of getting the Foundation started. Glennis was a member of the CHB Auxiliary, serving as an officer and chairing several fundraising projects.

Dick indicated during the check presentation that his parents often spoke of how important the hospital was in their lives. He and his sister, Susan Reidenbach Wiseman, were pleased to make the donation in memory of their parents and in keeping with their wishes.

Employee of the Year 2014



This year's employee of the year is Teresa Brown. Teresa is a 30 year employee of Community Hospital of Bremen. She embraces the hospital mission statement of providing exceptional patient care to all. Currently working as a staff nurse in the Emergency Department, Teresa is recognized by her colleagues for being a dedicated and compassionate nurse. She is known for being courteous to those around her at all times and extremely passionate about her career. Her love of her job is evident, and she exemplifies everything we look for in an employee at the Community Hospital of Bremen.



Bowen Center Now Offering Outpatient Therapy Services at Community Hospital of Bremen

In 2012, the Community Hospital of Bremen (CHB) conducted a Community Health Needs Assessment for Bremen and the surrounding areas. One of the main needs identified from the assessment was the lack of mental health services in Bremen. In response to that need, Community Hospital of Bremen is proud to announce that the Bowen Center is now offering outpatient mental health services in CHB's Medical Office Suites. Appointments are available on Mondays, Thursdays and Fridays by calling (574) 936-9646.

Bringing the Bowen Center back to Bremen will allow patients to receive services locally, rather than having to drive to Plymouth to be seen. The Community Hospital of Bremen is continuously working to meet the needs of the community and bring services closer to home whenever feasible.

Introducing- Hugs® Infant Protection System

The Hugs® Infant Protection System is a truly "secure" infant/child security system that has minimal or no false alarms, with a unique, continuously active monitoring system. Designed specifically for protection of patients in the maternity units, the key element of the patient security system is the tamper-proof infant tags. The infant tag is an active technology ankle tag that transmits its own unique digital signal every 10 seconds to a series of ceiling mounted receivers connected to a central computer. If this signal is lost for any reason, the tag is detected in exit areas, or if the tag strap is tampered with or cut, the system not only sounds an alarm but also instantly identifies which signal has been lost with the baby's name. In addition, the system can also control door locks, auxiliary devices, cameras and alarms.



The Hugs® system will be installed at the Community Hospital of Bremen in October 2014.

Improving Communication

In an effort to improve communication among providers, patients and families, the Community Hospital of Bremen has installed specially designed white boards in every patient room on the Medical Surgical Unit. The hospital recognizes that communication plays a key role in patients having a positive experience and facilitating the best patient outcomes. This open communication will aid in decreasing patient anxiety and assist patients to feel more confident about the care they are receiving.

The white boards are situated in the rooms so that patients can see them from their bed. Each board clearly states the patient's plan of care for the day and any tests scheduled, along with the name of nurse who is caring for

them, their current diet and any other special care needs. Pain management is another vital component of the boards. This section details the patient's pain goal, a numeric chart for the patient to assess their pain level and when the last dose of pain medication was administered.

In addition to promoting effective communication between hospital staff and their patients, these boards improve communication among all members of the health-care team providing care for the patient. This way, the entire team is on the same page, and everyone is working together to provide the high quality of care patients expect to receive at the Community Hospital of Bremen.

Community Hospital of Bremen Offers Prepay OB Program

The Community Hospital of Bremen recognizes the need to reduce patient expense for hospital maternity care. Therefore, the hospital has established a Pre-Pay OB Package Plan (Cash Package). These packages are discounted and have been created for those individuals without maternity coverage. **Full payment is expected 30 days prior to the anticipated date of delivery.**

This package is available to expectant mothers who agree to prepay a stipulated amount for themselves and their

well baby. These prepay package plans do NOT include the professional fees of the mother's physician, the baby's physician, or the CRNA/anesthesiologist. If required these fees will be billed separately by the providers. Other exclusions to the package may apply and will be billed separately.

For questions or more information on the prepay plans at the Community Hospital of Bremen, call Carol at (574) 546-8048 or Jen at (574) 546-8024.

Community Hospital of Bremen establishes Patient and Family Advisory Council

In May of 2014, the first meeting of the Community Hospital of Bremen Patient and Family Advisory Council (PFAC) was held. It began with a committee of four patients and two staff members.

Establishing the following mission and vision statements were the first tasks of PFAC.

Mission: The Community Hospital of Bremen's Patient and Family Advisory Council (PFAC), is developed to provide a forum through which patients and families can share feedback, suggestions and ideas to continuously improve quality and patient care experiences.

Vision Statement: Community Hospital of Bremen is committed to a partnership with patients, families and community members to enhance the services provided by the hospital to the community we serve. Patients and family

members will provide ongoing input regarding patients' needs and their experience as patients of Community Hospital of Bremen. Input from PFAC members will be integrated in ongoing process improvement efforts.

Patient and family engagement through such advisory councils is associated with fewer adverse events, better patient self-management, fewer diagnostic tests, decreased use of health-care services, shorter lengths of stay in the hospital, lower health-care costs and higher ratings of patient satisfaction.

If you have been a patient, or family member of a patient, and have an interest in improving the patient and family experience, please contact Andrea Koontz at (574) 546-8002 for more information about the Patient and Family Advisory Council.

COMMUNITY CONNECTIONS is published as a community service for the friends and patrons of COMMUNITY HOSPITAL OF BREMEN, 1020 High Road, Bremen, IN 46506, (574) 546-2211, www.bremenhospital.com.

COMMUNITY HOSPITAL OF BREMEN
1020 High Road
Bremen, IN 46506

Nonprofit Org
US Postage

PAID

Bourbon IN
Permit No 29

David Bailey
President and CEO

Carol Hochstetler
Chairman, Board
of Directors

Doug DeSchepper
Chairman, Foundation
Steering Committee

Debbie O'Keefe
Co-editor

Debbie Kipfer
Co-editor

Copyright © 2013 Community Hospital of Bremen Foundation

Mark Your Calendars!

Prenatal Classes

Flexible Class times
To register call Carrie
(574) 210-2928

September

Autumn Outing

September 27, 2014
9 a.m. Shotgun Start
Sprig-O-Mint

Physician Corner

Community Hospital of Bremen welcomes

Tricia Foster, DO

Seeing patients for DOT physicals
Every Thursday in Medical Office
Suites at the Community Hospital
of Bremen

To schedule an appointment please
call (574)546-8044.

Charles Ware, MD and Tim Barnhard, PA-C

Mishawaka Orthopedics
and Sports

Seeing Patients in Medical Office
Suites at the Community Hospital of
Bremen every Monday morning

To schedule an appointment please
call (574) 271-5151.

The 7th Annual Autumn Outing Golf Scramble

**Saturday,
September 27, 2014**

Sprig-O-Mint Golf Course
9425 US 6 West
Bremen, IN 46506

- Registration: 8 a.m. / Shotgun Start: 9 a.m.
- 4-Person Florida Scramble
- \$300 per 4-person team
(Early Bird Registration \$250 due
by September 5, 2014)
 - Fee includes 18 holes of golf, green fees,
cart and lunch provided by Wings, Etc.
- Additional food and beverages will be sold
during the event
- REGISTER EARLY! Limited to first 36 teams
- No rain date

Great Prizes Available!

- Hole-in-One
- \$10,000 CASH
- Longest Drive
- Closest to the Pin
- Prizes to
Top 3 Teams
- Door Prizes

For more information, contact Lon Kipfer @ (574) 229-7124 or Debbie @ (574) 546-8009 www.bremenhospital.com